



Mordialloc Martial Arts & Kickboxing Timetable

TAEKWONDO

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
FAMILY CLASS	4.00 - 5.00pm			4.00 - 5.00pm			
KIDS (under 12)	5.00 - 6.00pm	4.00-5.00pm		5.00 - 6.00pm		10.30 - 11.30am	
ADULTS & TEENS	6.00 - 7.00pm			6.00 - 7.00pm			
ADULTS ONLY	8.00 - 9.00pm	9.00 - 10.00am		8.00 - 9.00pm		1.00 - 3.00pm	
FILIPINO STICKS				8.00 - 9.00pm			10.00 - 11.30am (at Bentleigh)

LADIES KICKBOXING:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	9.30 - 10.30am & 7.00 - 8.00pm	7.00pm - 8.00pm * suspended until further notice	9.30 - 10.30am	7.00 - 8.00pm	9.30 - 10.30am	9.30 - 10.30pm	